# Anatomy of a Metaphor

### an introduction to Conceptual Netaphor

## What is a metaphor?

#### Some metaphors in action

### The 78 leapt out of the Harvard Station bus tunnel.

### How do you think the 78 bus came out?



http://www.flickr.com/photos/gaulke/3788033202/

#### Hamlet: To be or not to be?

#### Lenka: Be!

"To be, or not to be, that is the question: Whether 'tis nobler in the mind to suffer the slings and arrows of outrageous fortune or take arms against a sea of troubles, and by opposing end them?"



#### "When life tries to knock all the wind out of you, you've got to roll, roll, roll with the punches."

## Thinking about one thing in terms of another

### **Hamlet:** To be or not to be?

#### Lenka: Be! circumstances as opponent

Albert Due to Hazardous Waste training, I can't facilitate CS tomorrow, but I'd be happy to get cookies and leave them in 2-129 along with a question to consider/discuss.

**Richard** What, exactly, are you going to train the hazardous waste to do?

**Albert** Sit and stay mostly. Wait to be taken away. I think that's as much as we can expect.

#### Albert Due to Hazardous Waste training, I can't facilitate CS tomorrow, but I'd be happy to get cookies and leave them in 2-129 along with a question to consider/discuss. Azardous waste as animal What, exactly, are you going to train the hazardous waste to do?

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**Balaji** but seriously, the competition stuff is just...nonsensical at this point. let's have the students build our brand or business plan rather an app.

Albert I agree—the brand and business plan are much more valuable at this point! Making an app with a half-baked brand and limited content seems flirting with disaster—or more like coming on really strong to disaster with bad pickup lines, so disaster doesn't even in the end care, and this thing just fizzles.

**Balaji** can't we at least have a one-night stand with disaster?

Albert That could be really awesome (therapeutic, among other things), if TEL can do it responsibly and avoid having illegitimate offspring or other long-term problematic consequences...

**Sandra** You 2 are completely ridiculous.

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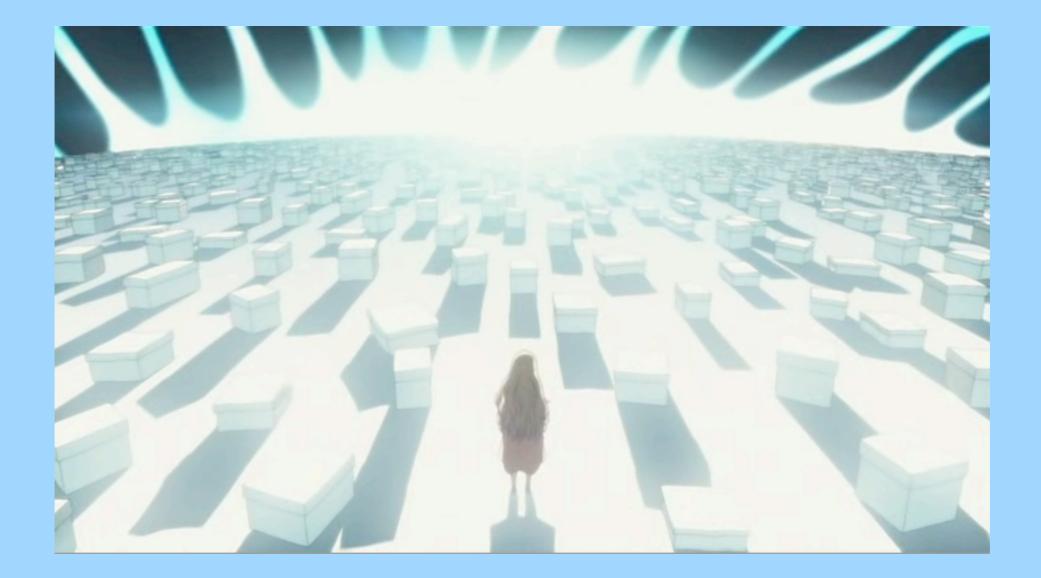
#### Personification

#### Magnetic North: Dear Hip-Hop

#### Hip-Hop as an old friend

#### Changes in hip-hop as estrangement

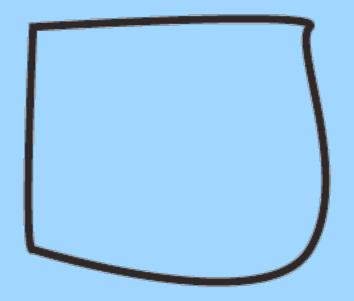
#### Song as letter

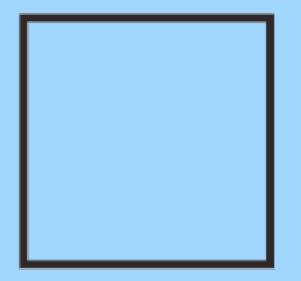


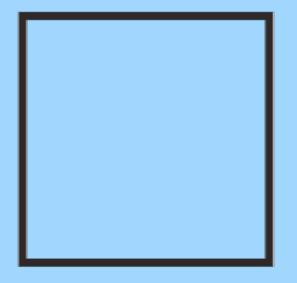
#### ideas as things to be found, caught and wrestled with

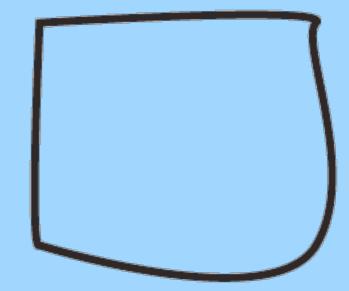
## Thinking about one thing in terms of another

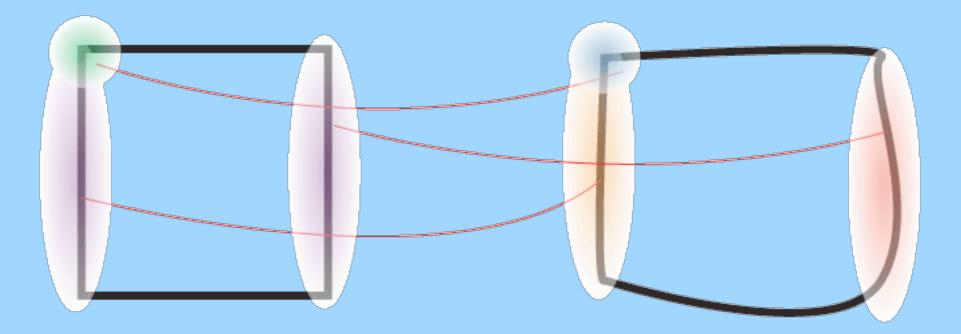
#### **Conceptual Metaphor**











## Thinking about one concept with the structure of another

#### often unconsciously

#### **Example: She has a warm smile.**

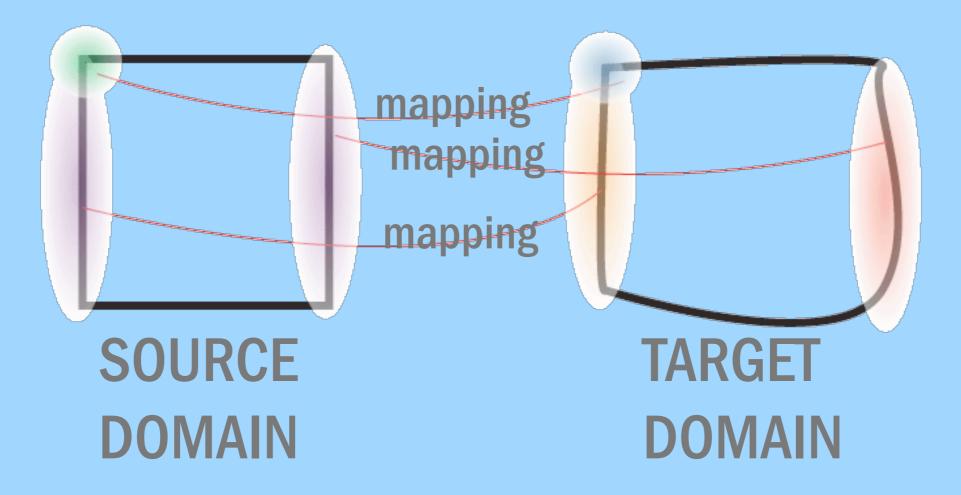
Are these words getting through?

Do they get the message across?

## Thinking about one concept with the structure of another

#### Target Domain Thinking about one concept with the structure of another Source Domain

The source domain structures the target domain via mappings, correspondence relationships.





#### **Mac Commercial Mappings**

- people -> computers
- cold virus → computer virus
- being sick → computer function compromised

## Primary Metaphor

#### Source Domain: sensorimotor experiences Target Domain: subjective experiences

# Reasoning about affection in terms warmth (e.g. She has a <u>warm</u> smile)

Reasoning about goals as destinations—achieving a goal conceptualized as reaching a destination (e.g. After intense discussion, we <u>arrived</u> at a good solution).

#### **Metaphor Shorthand:**

#### **TARGET DOMAIN IS SOURCE DOMAIN**

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AFFECTION IS WARMTH Reasoning about affection in terms warmth (e.g. She has a <u>warm</u> smile)

#### **GOALS ARE DESTINATIONS**

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#### Prices rose.

#### The car is low on gas.

# We stocked up on snacks during the sale at the grocery store.

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## MORE IS UP

# Why do you think we think with conceptual metaphors like these?

Her anger was building up, and she looked like she might blow up at any moment.

- I was seething with anger.
- He has an explosive temper.
- Do you think that dream is an indication of pent-up rage?

Her anger was building up, and she looked like she might blow up at any moment. I was seething with anger. He has an explosive temper. Do you think that dream is an indication of pent-up rage?



### ANGER IS A (COMBUSTABLE) SUBSTANCE

## **Complex Metaphor**

He's almost reached financial independence but is nowhere near getting married. He's almost <u>reached</u> financial independence but is <u>nowhere near</u> getting married. An assembly of multiple primary metaphors (possibly in combination with beliefs and values) to form more sophisticated metaphors used to reason about more complex subjective experiences.

### A PURPOSEFUL LIFE IS A JOURNEY

formed by combining GOALS ARE DESTINATIONS with ACTIONS ARE MOTIONS and the belief that people should have purposes in life and thus should act in ways that achieve those goals.

#### A PURPOSEFUL LIFE IS A JOURNEY

**Mappings:** A PERSON IS A TRAVELER

LIFE GOALS ARE DESTINATIONS (such as graduating from college) A LIFE PLAN IS AN ITINERARY



## the structure of concepts

Objects and words might be able to exist in isolation but concepts cannot.

#### **Example: Chalk**

## Frame

A system of concepts in which understanding one concept requires understanding the system of concepts to which it belongs.

# **Roles** the people, objects, places, etc.

## Relations

how those roles are connected

### Scenario

a simple story describing interactions among roles

### **Example: Commercial Transaction**

### Roles

seller, buyer, goods, payment

### Relations

a seller has goods, a buyer wants goods and can give the seller payment for them

### Scenario

a seller in possession of goods agrees to transfer possession of goods to a buyer in exchange for payment furnished by the buyer

#### **Background Frames** possession, exchange, agreement

## Frames and Metaphors

#### "He really thinks I should do the study abroad program with him. He made a strong pitch, and it was kind of convincing, but in the end, I just couldn't buy the whole thing of spending an entire school year doing things unrelated to my major thousands of miles away."

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#### **ACCEPTING AN IDEA IS BUYING GOODS**

- goods → ideas
- seller → person with an idea
- potential buyer  $\rightarrow$  person without the idea
- pitching → attempting to persuade
- Scenario: a person with ideas tries to persuade another to accept his ideas.

#### Notice what isn't mapped.

How did you end up spending the time you saved?

Use your time wisely.

Time management is a crucial skill.

Do you have any spare time?

Don't let other people waste your time.

How did you end up <u>spending</u> the time you <u>saved</u>?

Use your time wisely.

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Don't let other people waste your time.

#### TIME IS A RESOURCE

#### The Resource Frame

### Roles

resource, user, purpose

### Relations

the purpose is something the user wants to achieve and thus has value to the user; the resource can be used to achieve the purpose and may be limited in quantity.

#### Scenario

the user utilizes the resource to achieve the purpose.

#### **TIME IS A RESOURCE**

- resource  $\rightarrow$  time user  $\rightarrow$  person using time purpose  $\rightarrow$  a goal requiring time to achieve value of resource  $\rightarrow$  value of time
- Scenario: a person uses time to achieve a goal

# But this isn't the only way to think about time.

#### Meet me at the library at 4pm.

## I'll have the documents to you within the hour.

## Five years from now, everything will be different.

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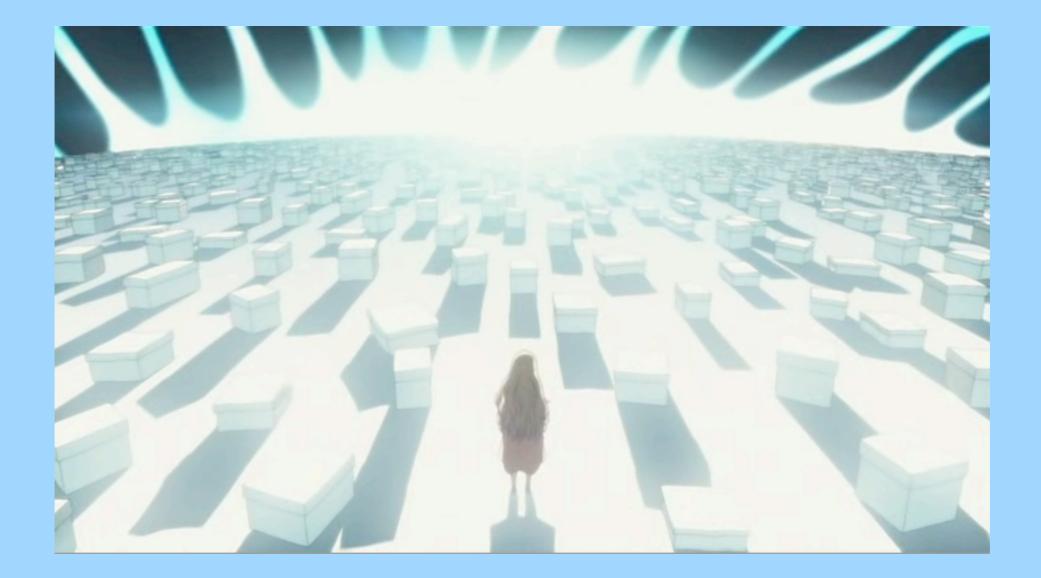
#### TIME IS SPACE

Abstract nouns are understood with conceptual metaphors

#### **Barry Yourgrau: The Sadness of Sex**

#### Bokura Ga Ita

### **Metaphors Matter**



Understanding freedom, rights, government and more relies upon using conceptual metaphors.

#### THE NATION IS A FAMILY

### **Beyond Metaphors: Blends**



### Sources and Suggested Reading

Metaphors We Live By George Lakoff and Mark Johnson

The Political Mind George Lakoff and Mark Johnson

Philosophy in the Flesh George Lakoff

Metaphor: A Practical Introduction Zoltan Kövecses